

# Let's Talk: about Aging and Dementia



Join us at 7pm on Thursday, January 24<sup>th</sup> in the Senator Noël A. Kinsella Auditorium, St. Thomas University, as we hear from Dale Goldhawk and Dr. John McLaughlin on two significant social topics:



Senator Noël A Kinsella Auditorium, McCain Hall  
St. Thomas University Campus  
Thursday, January 24<sup>th</sup> at 7 PM  
*Traduction en français est disponible*

Within 20 years dementia will affect 1.4 million Canadians and the family members who'll be caring for them. Stereotypes about the disease are what prevent people from getting the help they need or disclosing their diagnosis and stereotypes stop others from taking the disease seriously. It's time we start looking at this disease differently. **It's time to change the conversation.**

Known by many Canadians for his career in broadcast journalism, **Dale Goldhawk** has committed nearly 20 years of service to the Alzheimer's Society of Canada, where he works as a tireless advocate in an effort to raise awareness and to reduce stigma. Dale also sits on the Board of Directors for Alzheimer's Disease International, extending Canada's voice across the globe.

In New Brunswick, a recent report by the Premier's Panel on Seniors highlighted the deep change needed in the way we care for and support seniors in the province. Panel chair **John McLaughlin** states: "Our aging population will be one of the defining public policy themes for the next decade and beyond. This dramatic demographic shift will present an unusually large number of complex and inter-related opportunities and challenges, which in turn will have a fundamental impact on the economic, social and cultural fabric of our province." There is an urgent need in our province and beyond to change our perspective on Aging and Dementia, and to work together in **creating more age-friendly communities**, so that seniors not only have the ability to remain at home longer, but can continue to make positive contributions to their communities

For more information, including how to access the live webinar, check out the Events tab on our Facebook page:

[facebook.com/AgingInstitute](https://facebook.com/AgingInstitute)

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